

Södertälje Municipality implements Diet for a Green Planet

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A process for change

2001 - Political decision

2004 - New head of Diet Unit, Sara Jervfors.

2006 - Diet policy and investing in complete kitchens.

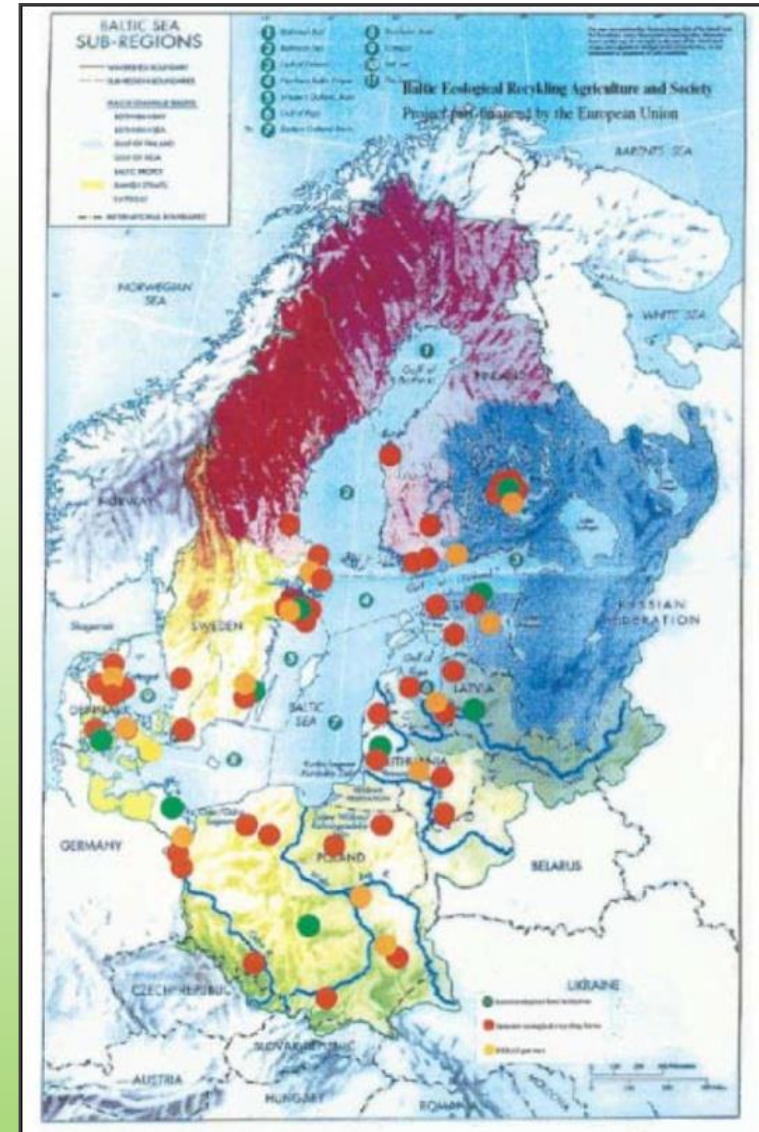
2010 – One of Lead partners in the BERAS project. Implementation of Diet for a Clean Baltic starts.

BERAS 2003-2006

- Pilot studies from 48 farms in the Baltic Sea Region.
- Ecological recycling agriculture (ERA) to reduce nutrient input to the Baltic Sea.

BERAS Implementation 2010-2013

- Creating Sustainable Food Societies involving three levels of society.



Diet for a Green Planet

- Tasty and healthy food
- Organic, preferable from ERA-farming.
- Less meat, more vegetables, legumes and whole grain
- Locally produced according to season
- Reducing waste and leftovers





www.dietforagreenplanet.se

A concept developed by BERAS
Implementation in cooperation with
Södertälje Municipality, Diet Unit.

Can be implemented all over the world!

Webb page in English and Swedish